

Penny Waterman School of Dance

Email: admin@pennywaterman.com www.pennywaterman.com
Tel: 01727 858632

WELCOME TO OUR DANCE SCHOOL

Classes held in St Albans, Harpenden, Redbourn & Abbots Langley

FOR CHILDREN: Ballet, Tap, Street Dance and Musical Theatre
FOR ADULTS: Ballet/Contemporary and Dance Body Conditioning/Toning

Welcome to our newsletter with details of our Autumn 2024 classes, fabulous teachers and exciting things in the pipeline!!!

There are two ways to **Make Payment (for pay termly pupils)**: After the trial, if you would like to continue, the fee is due (please note that the trial class is payable too and this is included in the amount). The cost for the 13 week term is £117 (except the Advanced Ballet at the Pilates Workshop which is £156). The adult class details are at the end of this newsletter.

Please note that if you join during the term, we adjust the fees accordingly. A 10% discount is given for siblings and pupils taking two classes. **After the trial, please email us to confirm that you would like to continue. There are 2 payment options as below:**

1) Via GoCardless: We can send you a link to set up a direct debit mandate in which you can pay in 2 instalments of £58.50 in September & October depending on when you confirm your place). **NEW USERS** please sign up using the following link: <https://pay.gocardless.com/AL0006TVPH8ZJ3>
We will then confirm the payments, amounts and collection dates with you.

2) Via our website: Alternatively, you can pay the full fee via our website with Paypal or debit card. Or you can do a direct bank transfer (contact us for bank details).

Refunds will only be given in exceptional circumstances. Credits/change of class are however possible.

Missed classes: If you miss a class during the term due to illness or holiday etc., it can be made up by attending any of the other classes listed in this newsletter so that you don't miss out on a class.

Pay-on-Door classes: The cost of the pay-on-the-door classes is £10 weekly (£15 for siblings or pupils attending two classes) and you only pay when you attend. If you are booked in for one of these, please put the **EXACT** payment each week in a sealed envelope with the date, your child's name and class clearly written on it - thank you. (Please note that the teachers do not carry change).

Watching Days & Displays: The last day of term is "watching" day where your family can come and watch the class.

Adult classes: Our Adult Ballet/Contemporary and Dance Body Conditioning/Toning classes run on Tuesday evenings in Redbourn Village Hall. These classes are great for toning, flexibility, fitness, making friends and can be used in conjunction with a weight loss programme. (Details at bottom of this newsletter). Why not come along for a trial & bring a friend! A 10% discount is applied if you have a child in the school.

Uniform Selling Days: We will be selling the uniforms at the following locations and times:

Saturday 28th September in Redbourn Village Hall, AL3 7LW (9am - 10.30am) and the Salvation Army Hall, Harpenden, AL5 2TG (11.10am - 12.40pm).

Saturday 9th November in the Marshalswick Community Centre, St Albans, AL4 9TU (8.40am - 11.50am).

Please email to book your slot (limited spaces). Alternatively, Penny can do a private fitting at your home on any of the afternoons listed above at a cost of £5.00 or we can post the uniform to you.



Autumn term 2024

Children's Classes in St Albans



MONDAYS at St Julian's Church Hall, Abbots Ave, off Cottonmill Lane, St Albans, AL1 2HX

Teacher: Sanna

Junior Ballet	3 - 5 years	4.00 - 4.30pm
Senior Ballet	6 - 9 years	4.40 - 5.10pm

First day 9th September. Last day 9th December. Half term break on 28th October.

TUESDAYS at the St Albans Conservative Club, 57 Hatfield Road, St Albans, AL1 4JE.

Teacher: Sanna

Tiny Tots Ballet	2 - 5 years	9.45 - 10.15am
------------------	-------------	----------------

(accompanied or non-accompanied class). The Club are able to serve refreshments for waiting parents.

First day 10th September. Last day 10th December. Half term break on 29th October.

TUESDAYS at the United Reformed Church, Homewood Road, St Albans, AL1 4BH.

Teacher: Sanna

Junior Ballet	3 & 4 years	4.20 - 4.50pm
Senior Ballet	5 - 9 years	5.00 - 5.30pm

First day 10th September. Last day 10th December. Half term break on 29th October.

***Please note that the class will be split if we have the numbers, otherwise it will stay at 4.20 – 4.50pm for ages 4 – 6 year olds.**

SATURDAYS at Marshalswick Community Centre, The Ridgeway, St Albans, AL4 9TU (located in between M&S and the library and opposite the quadrant).

Teacher: Marley

Ballet With Mum/Dad (or carer)	2 & 3 years	9.00 - 9.30am
Junior Ballet	4 & 5 years	9.40 - 10.10am
Senior Ballet	6 - 10 years	10.15 - 10.45am
Advanced Ballet	11 - 16 years	10.50 - 11.20am
Musical Theatre (dancing and singing to popular musicals & songs)	5 - 12 years	11.30 - 12.00pm

First day 14th September. Last day 14th December. Half term break on 2nd November.

Ballet with Mum and Junior Ballet can be paid termly or weekly at £10 cash per class (£15 for siblings). Please bring exact payment in a sealed, dated & named envelope each week for "Pay on the Door" option.

SATURDAYS at Pilates Workshop at Magenta, City House, Ronsons Way, St Albans, AL4 9PU.

Teacher: Sanna Please note no outdoor shoes in dance studio (ballet shoes only).

Junior Ballet	3 - 5 years	11.00 - 11.30am
Senior Ballet	6 - 8 years	11.40 - 12.10pm
Advanced Ballet *	9 - 13 years	12.15 - 12.55pm

* (Please note that the price of this class is £156 as it is slightly longer. Please let us know if you would like to pay in 2 or 3 instalments).

First day 14th September. Last day 14th December. Half term break on 2nd November.



SATURDAYS at United Reformed Church, Homewood Road, St Albans, AL1 4BH.

Teacher: Sarah (assisted by Lily)

Ballet With Mum/Dad/Carer	18 months - 3 years	9.10 - 9.40am
Tiny Tots Ballet *	3 & 4 years	9.50 - 10.20am
(* this class is accompanied or non-accompanied by parent or carer)		
Street Dance	3 - 8 years	10.30 - 11.00am
Junior Ballet	4 - 8 years	11.10 - 11.40am

First day 14th September. Last day 14th December. Half term break on 2nd November.
£10.00 per class pay on door - £15 for siblings or for two classes eg. Ballet & Street Dance.
(Please bring exact payment in a sealed, dated & named envelope each week).



Children's Classes in Harpenden

MONDAYS at The Harpenden Trust at No. 130, 130a Southdown Rd, Harpenden AL5 1PU.

These classes are accompanied by a parent or carer. There is a 10% discount given for attending both.

Teacher: Katy

Tiny Tots Ballet	2 - 5 years	10.00 - 10.30am
Tiny Tappers	2 - 5 years	10.40 - 11.10am

First day 9th September. Last day 9th December. Half term break on 28th October.

MONDAYS at The Harpenden Trust at No. 130, 130a Southdown Rd, Harpenden AL5 1PU.

Teacher: Katy

Tots Ballet	3 & 4 years	3.50 - 4.20pm
Junior Ballet *	5 - 8/9 years	4.25 - 4.55pm

(* this class will be split if we get high numbers into 5 - 6 years and 7 - 9 years)

First day 9th September. Last day 9th December. Half term break on 28th October.

TUESDAYS at All Saints Church Hall, Station Road, Harpenden, AL5 4UU.

Teacher: Katy

Junior Ballet	5 - 7 years	3.45 - 4.15pm
Senior Ballet	8 - 12 years	4.20 - 4.50pm

First day 10th September. Last day 10th December. Half term break on 29th October

SATURDAYS at All Saints Church Hall, Station Road, Harpenden, AL5 4UU.

Teacher: Katy (assisted by Emily)

Ballet With Mum/Dad*	18 months – 3 years	9.00 - 9.30am
(this class is accompanied by parent or carer)		
Tots Ballet	3 & 4 years	9.40 - 10.10am
Junior Ballet	4 & 5 years	10.20 - 10.50am
Street Dance	4 - 8 years	10.55 - 11.25am
Senior Ballet	6 - 9 years	11.30 - 12.00pm

First day 14th September. Last day 14th December. Half term break on 2nd November.

Ballet with Mum/Dad and Tots Ballet ONLY can be paid either termly or weekly - £10 cash per class (£15 for siblings). If paying weekly, please bring exact payment in a sealed, dated and named envelope each week. Please note that the Junior Ballet, Senior Ballet and Street Dance classes are all pay termly only and a 10% discount is given on the full term's fees for doing two classes.



SATURDAYS at The Salvation Army (family Room at the front of the building), Leyton Green, Harpenden, AL5 2TG (next to Dental Visage).

Teacher: Lisa

Tots Ballet	3 & 4 years	11.10 - 11.40am
Junior Ballet	5 & 6 years	11.45 - 12.15pm
Senior Ballet	7 - 12 years	12.20 - 12.50pm

First day 7th September. Last day 14th December. Half term break on 2nd November and **please note** there will be no classes on 12th October as Lisa is away. Also on 16th November the classes will be held in Redbourn Village Hall as the Salvation Army is using the whole venue for themselves.

Children's Classes in Abbots Langley

SATURDAYS at St Lawrence Church Hall, High Street, Abbots Langley, WD5 0AS.

Teacher: Sanna

Ballet With Mum/Dad/Carer*	2 - 4 years	9.00 - 9.30am
----------------------------	-------------	---------------

(* this class is accompanied by parent or carer)

Junior Ballet	5 - 9 years	9.40 - 10.10am
---------------	-------------	----------------

First day 7th September. Last day 14th December. Half term break on 2nd November and **please note:** there are no classes on 30th November as the hall using the whole venue for themselves.

Children's Classes in Redbourn

THURSDAYS at Redbourn Village Hall, High Street, Redbourn, AL3 7LW. Teacher: Katy

Tots Ballet	3 & 4 years	4.00 - 4.30pm
Junior Ballet	5 - 9 years	4.40 - 5.10pm

First day 12th September. Last day 12th December. Half term break on 31st October.

SATURDAYS at Redbourn Village Hall, High Street, Redbourn, AL3 7LW. Teacher: Lisa

Tots Ballet	3 & 4 years	9.00 - 9.30am
Junior Ballet	4 & 5 years	9.35 - 10.05am
Senior Ballet	6 - 10 years	10.10 - 10.40am

First day 14th September. Last day 14th December. Half term break on 2nd November

All the classes will be held in the Centenary Room this term except 26th Oct where they will be in the Guide room upstairs.

Adult Classes in Redbourn

TUESDAYS at Redbourn Village Hall, Redbourn, AL3 7LW. Teacher: Sophie

Adult Ballet/Contemporary	£144 full term	7.30 - 8.30pm
Adult Dance Body Conditioning/Toning	£72 full term (£66 if doing Ballet too)	8.30 - 9.00pm

First day 10th September. Last day 10th December. Half term break on 29th October and **please note no class on 3rd December.**

Alternatively for the Ballet/Contemporary only you can pay 3 instalments of £48 taken in August, September and October via Go Cardless. Or for both classes (1½ hours) 3 instalments of £70 (Payment details can be found at the top of this newsletter).

These classes are designed to help keep fit and can be used to aid weight loss. They also help develop flexibility, co-ordination and balance and are stimulating and sociable. Most of the people in these classes have danced maybe as a child or older and now want to return for fitness and fun! The classes tone the major muscle groups in the legs, arms and core. They get the heart rate up and are way more enjoyable than jogging round the block! Why not join us for a trial!

