

# Penny Waterman School of Dance

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## WELCOME TO OUR DANCE SCHOOL

Classes held in St Albans, Harpenden, Redbourn & Abbots Langley

FOR CHILDREN: Ballet, Street Dance and Musical Theatre

FOR ADULTS: Ballet/Contemporary and Body Conditioning & Stretch

Welcome to our newsletter with details of our Spring 2025 classes, fabulous teachers and exciting things in the pipeline!!!

There are two ways to **Make Payment (for pay termly pupils)**: After the trial, if you would like to continue, the fee is due (please note that the trial class is payable too and this is included in the amount). The cost for the 12 week term is £114 (except the Advanced Ballet at Bernards Heath Junior School and the Adult Ballet/Contemporary which are all £150). The adult class details are at the end of this newsletter.

Please note that if you join during the term, we adjust the fees accordingly. A 10% discount is given for siblings and pupils taking two classes. **After the trial, please email us to confirm that you would like to continue. There are 2 payment options as below:**

**1) Via GoCardless:** We can send you a link to set up a direct debit mandate in which you can pay in 3 instalments of £38.00 in December, January & February depending on when you confirm your place). **NEW USERS** please sign up using the following link: <https://pay.gocardless.com/AL0006TVPH8ZJ3>  
We will then confirm the payments, amounts and collection dates with you.

**2) Via our website:** Alternatively, you can pay the full fee via our website with Paypal or debit card. Or you can do a direct bank transfer (contact us for bank details).

Refunds will only be given in exceptional circumstances. Credits/change of class are however possible.

**Missed classes:** If you miss a class during the term due to illness or holiday etc., it can be made up by attending any of the other classes listed in this newsletter so that you don't miss out on a class.

**Pay-on-Door classes:** The cost of the pay-on-the-door classes is £10 weekly (£15 for siblings or pupils attending two classes) and you only pay when you attend. If you are booked in for one of these, please put the **EXACT** payment each week in a sealed envelope with the date, your child's name and class clearly written on it - thank you. (Please note that the teachers do not carry change).

**Adult classes:** Our Adult Ballet/Contemporary and Dance Body Conditioning & Stretch classes run on Tuesday evenings in Redbourn Village Hall. These classes are great for toning, flexibility, fitness, making friends and can be used in conjunction with a weight loss programme. (Details at bottom of this newsletter). Why not come along for a trial & bring a friend! A 10% discount is applied if you have a child in the school.



**Snow in the New Year:** If we have a heavy snowfall, we will publish cancelled classes on our website - please ensure that we have your correct mobile no. as we may notify you of last minute changes via text.

**Uniform Selling Days:** We will be selling the uniforms at the following locations and times:

**Saturday 25<sup>th</sup> January** in the All Saints Church Hall, Station Road, Harpenden. AL5 4UU (8.40am - 12.00pm).

**Saturday 1<sup>st</sup> March** in the Marshalswick Community Centre, St Albans, AL4 9TU (8.40am - 11.50am).

Please email to book your slot (limited spaces). Alternatively, Penny can do a private fitting at your home on any of the afternoons listed above at a cost of £5.00 or we can post the uniform to you.



# Spring term 2025

## Children's Classes in St Albans

**MONDAYS at St Julian's Church Hall, Abbots Ave, off Cottonmill Lane, St Albans, AL1 2HX**

**Teacher: Sanna**

Junior Ballet	3 - 5 years	4.00 - 4.30pm
Senior Ballet	6 - 9 years	4.40 - 5.10pm

First day 6<sup>th</sup> January. Last day 31<sup>st</sup> March. Half term break on 17<sup>th</sup> February.



**TUESDAYS at the United Reformed Church, Homewood Road, St Albans, AL1 4BH.**

**Teacher: Sanna**

Junior Ballet	3 - 5 years	4.00 - 4.30pm
Senior Ballet * <b>NEW</b>	6 - 9 years	4.40 - 5.10pm

First day 7<sup>th</sup> January. Last day 1<sup>st</sup> April. Half term break on 18<sup>th</sup> February.

**SATURDAYS at Marshalswick Community Centre, The Ridgeway, St Albans, AL4 9TU  
(located in between M&S and the library and opposite the quadrant).**

**Teacher: Marley**

Ballet With Mum/Dad (or carer)	2 & 3 years	9.00 - 9.30am
Junior Ballet	4 - 6 years	9.40 - 10.10am
Senior Ballet	7 - 11 years	10.15 - 10.45am
Musical Theatre (dancing, singing & acting to popular musicals & songs)	5 - 12 years	10.50 - 11.20am
Advanced Ballet	12 - 17 years	11.30 - 12.00pm

First day 4<sup>th</sup> January. Last day 29<sup>th</sup> March. Half term break on 22<sup>nd</sup> February

Ballet with Mum and Junior Ballet can be paid termly or weekly at £10 cash per class (£15 for siblings). Please bring exact payment in a sealed, dated & named envelope each week for "Pay on the Door" option.



**PLEASE NOTE:** Our Musical Theatre classes on Saturday mornings (see above) are looking to putting on "Matilda The Musical" either at Easter or Summer. This will include children from the dance classes at Marshalswick on Saturday mornings. Please let us know if you would like to try the Musical Theatre class and be part of the cast.

**SATURDAYS at Bernards Heath Junior School, 5 Watson Avenue, St Albans, AL3 5HP.**

**Teacher: Sanna**

Junior Ballet	3 - 5 years	11.00 - 11.30am
Ballet: Grade 2 exam this term	6 - 8 years	11.40 - 12.10pm
Advanced Ballet *	9 - 13 years	12.15 - 12.55pm

\* (Please note that the price of this class is £150 as it is slightly longer. Please let us know if you would like to pay in 3 instalments of £50)

First day 4<sup>th</sup> January. Last day 29<sup>th</sup> March. Half term break on 22<sup>nd</sup> February



**SATURDAYS at United Reformed Church, Homewood Road, St Albans, AL1 4BH.**

**Teacher: Sarah (assisted by Lily)**

Ballet With Mum/Dad/Carer	18 months - 3 years	9.10 - 9.40am
Tiny Tots Ballet *	3 & 4 years	9.50 - 10.20am
(* this class is accompanied or non-accompanied by parent or carer)		
Street Dance	3 - 8 years	10.30 - 11.00am
Junior Ballet	4 - 8 years	11.10 - 11.40am

First day 4<sup>th</sup> January. Last day 29<sup>th</sup> March. Half term break on 22<sup>nd</sup> February  
£10.00 per class pay on door - £15 for siblings or for two classes eg. Ballet & Street Dance.  
(Please bring exact payment in a sealed, dated & named envelope each week).

## Children's Classes in Harpenden

**MONDAYS at The Harpenden Trust at No. 130, 130a Southdown Rd, Harpenden AL5 1PU. (PIN: 2810)**

**TEACHER: Katy**

Tots Ballet	3 & 4 years	3.45 - 4.15pm
Junior Ballet	5 - 8 years	4.20 - 4.50pm
Street Dance * <b>NEW</b>	5 - 8 years	5.00 - 5.30pm

First day 6<sup>th</sup> January. Last day 31<sup>st</sup> March. Half term break on 17<sup>th</sup> February.

**TUESDAYS at All Saints Church Hall, Station Road, Harpenden, AL5 4UU.**

**Teacher: Katy**

Junior Ballet	5 - 7 years	3.45 - 4.15pm
Senior Ballet	8 - 12 years	4.20 - 4.50pm
Street Dance	8 - 12 years	5.00 - 5.30pm

First day 7<sup>th</sup> January. Last day 1<sup>st</sup> April. Half term break on 18<sup>th</sup> February.



**SATURDAYS at All Saints Church Hall, Station Road, Harpenden, AL5 4UU.**

**Teacher: Katy (assisted by Emily)**

Tiny Tots Ballet *	2 & 3 years	9.00 - 9.30am
* parents can accompany 2 yr olds only or if your child really needs help in the class.		
Tots Ballet	3 & 4 years	9.40 - 10.10am
Junior Ballet	5 & 6 years	10.20 - 10.50am
Street Dance	5 - 9 years	10.55 - 11.25am
Senior Ballet	6 - 9 years	11.30 - 12.00pm

First day 4<sup>th</sup> January. Last day 29<sup>th</sup> March. Half term break on 22<sup>nd</sup> February  
Tiny Tots and Tots Ballet ONLY can be paid either termly or weekly - £10 cash per class (£15 for siblings). If paying weekly, please bring exact payment in a sealed, dated and named envelope each week.

**Please note that the Junior Ballet, Senior Ballet and Street Dance classes are all pay termly only and a 10% discount is given on the full term's fees for doing two classes.**

**SATURDAYS at The Salvation Army (family Room at the front of the building), Leyton Green, Harpenden, AL5 2TG (next to Dental Visage).**

**Teacher: Lisa**

Tots Ballet	3 & 4 years	11.10 - 11.40am
Junior Ballet	5 & 6 years	11.45 - 12.15pm
Senior Ballet	7 - 13 years	12.20 - 12.50pm

First day 4<sup>th</sup> January. Last day 29<sup>th</sup> March. Half term break on 22<sup>nd</sup> February

## Children's Classes in Abbots Langley

**SATURDAYS at St Lawrence Church Hall, High Street, Abbots Langley, WD5 0AS.**

**Teacher: Sanna**

Ballet With Mum/Dad/Carer*	2 - 4 years	9.00 - 9.30am
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\* this class is accompanied by parent or carer (or non-accompanied for older children)

Junior Ballet	nearly 5 - 8 years	9.40 - 10.10am
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First day 4<sup>th</sup> January. Last day 29<sup>th</sup> March. Half term break on 22<sup>nd</sup> February



## Children's Classes in Redbourn

**THURSDAYS at Redbourn Village Hall, High Street, Redbourn, AL3 7LW. Teacher: Katy**

Tots Ballet	3 & 4 years	3.45 - 4.15pm
Junior Street Dance	3 - 5 years	4.20 - 4.50pm
Senior Street Dance * <b>NEW</b>	6 - 10 years	5.00 - 5.30pm

First day 9<sup>th</sup> January. Last day 3<sup>rd</sup> April. Half term break on 20<sup>th</sup> February.

**SATURDAYS at Redbourn Village Hall, High Street, Redbourn, AL3 7LW. Teacher: Lisa**

Tots Ballet	3 & 4 years	9.00 - 9.30am
Junior Ballet	5 & 6 years	9.35 - 10.05am
Senior Ballet	7 - 11 years	10.10 - 10.40am

First day 4<sup>th</sup> January. Last day 29<sup>th</sup> March. Half term break on 22<sup>nd</sup> February.

All the classes will be held in the Centenary Room.

## Adult Classes in Redbourn

**TUESDAYS at Redbourn Village Hall, Redbourn, AL3 7LW. Teacher: Sophie**

Adult Ballet/Contemporary	£150 full term	7.30 - 8.30pm
Adult Body Conditioning & Stretch	£75 full term (£67.50 if doing Ballet too)	8.30 - 9.00pm

First day 7<sup>th</sup> January. Last day 1<sup>st</sup> April. Half term break on 18<sup>th</sup> February.

If you would prefer to pay for the Ballet/Contemporary in 3 instalments of £50 taken in December, January and February, you can do this via Go Cardless. For both classes (1½ hours) it would be 3 instalments of £72.50. (Payment details can be found at the top of this newsletter).

These classes are designed to help keep fit and can be used to aid weight loss. They also help develop flexibility, co-ordination and balance and are stimulating and sociable. Most of the people in these classes have danced maybe as a child or older and now want to return for fitness and fun! The classes tone the major muscle groups in the legs, arms and core. They get the heart rate up and are way more enjoyable than jogging round the block! Why not join us for a trial!